

## New Patient History

Patient's Name: \_\_\_\_\_ Age: \_\_\_\_\_  
*Last*
*First*
*Middle*

Primary Care or Referring Physician: \_\_\_\_\_  
*Name*
*Address*

Please circle Yes or No

**Symptoms:**

Cough? Yes / No  
 Wheeze? Yes / No  
 Tight Chest? Yes / No  
 Fatigue? Yes / No  
 Shortness of breath Yes / No

**Eye Symptoms:**

Itching? Yes / No  
 Watering? Yes / No  
 Redness? Yes / No  
 Puffiness? Yes / No

**Nasal symptoms:**

Nasal Drainage? Yes / No  
 Sneezing? Yes / No  
 Stuffy nose? Yes / No  
 Mouth Breathing? Yes / No  
 Itch of the roof of your mouth? Yes / No  
 Snoring? Yes / No  
 Sinus Headache Yes / No

**Ear Symptoms:**

Itching? Yes / No  
 Infections? Yes / No

**Skin Symptoms:**

Hives? Yes / No  
 Rashes? Yes / No  
 Eczema? Yes / No

Have you had sinus infections?: Yes / No  
 If yes, how often?: \_\_\_\_\_

Do symptoms awaken you at night? Yes / No  
 If yes, which symptoms and how often?: \_\_\_\_\_

Are you limited in your daily activities?: Yes / No

Do you miss days of work/school because of your illness?: Yes / No  
 How many in the last year?: \_\_\_\_\_

Have you gone to the emergency room because of asthma /allergy episodes?: Yes / No

**Allergy/Asthma Triggers**

Which of the following trigger your symptoms?

- |  |          |                                    |
|--|----------|------------------------------------|
| Certain times of the year?                   | Yes / No | <i>If yes, Which Times?:</i> _____ |
| Open windows?                                | Yes / No |                                    |
| Animals?                                     | Yes / No | <i>If yes, Which Ones?:</i> _____  |
| Cutting Grass?                               | Yes / No |                                    |
| Foods?                                       | Yes / No | <i>If yes, Which Ones?:</i> _____  |
| House dust/vacuuuming?                       | Yes / No |                                    |
| Damp, musty areas?                           | Yes / No |                                    |
| Cold air?                                    | Yes / No |                                    |
| Exercise?                                    | Yes / No |                                    |
| Irritants (Perfumes, Aerosol Ssprays, Etc.)? | Yes / No |                                    |

**Medical/Allergy Testing**

Have you ever had:

**Chest X-Ray:** Yes / No  
*If yes, date of most recent X-Ray:* \_\_\_\_\_ *Where was test done?* \_\_\_\_\_  
*Results:* \_\_\_\_\_

**Sinus X-Ray or CAT Scan of sinuses?** Yes / No  
*If yes, date?* \_\_\_\_\_ *Where was test done?* \_\_\_\_\_  
*Results:* \_\_\_\_\_

**Allergy Testing?** Yes / No  
*If yes, date of most recent test:* \_\_\_\_\_ *Where was test done?* \_\_\_\_\_  
*Results:* \_\_\_\_\_

**Have you ever taken allergy shots?** Yes / No  
*If yes, how long?* \_\_\_\_\_ *When?* \_\_\_\_\_

**Pulmonary Function Testing?** Yes / No  
*If yes, date of most recent test:* \_\_\_\_\_ *Where was test done?* \_\_\_\_\_  
*Results:* \_\_\_\_\_

**List your current allergy/asthma medications, including over-the-counter medications:**

| <i>Medication</i> | <i>Dose</i> | <i>How Often</i> |
|-------------------|-------------|------------------|
| _____             | _____       | _____            |
| _____             | _____       | _____            |
| _____             | _____       | _____            |
| _____             | _____       | _____            |
| _____             | _____       | _____            |

**List your other medications, including over-the-counter medications:**

| <i>Medication</i> | <i>Dose</i> | <i>How Often</i> |
|-------------------|-------------|------------------|
| _____             | _____       | _____            |
| _____             | _____       | _____            |
| _____             | _____       | _____            |
| _____             | _____       | _____            |

Have you ever taken prednisone, cortisone, or other steroids (by mouth)? Yes / No

Are you allergic or sensitive to any medications? Yes / No

If yes, which ones? \_\_\_\_\_

**Family History**

Do other family members have asthma, sinus problems, or frequent infections? Yes / No

If yes, who? \_\_\_\_\_

**Pregnancy**

Are you currently pregnant? Yes / No *Not applicable (if male, postmenopausal, or child)*

Are you planning a pregnancy? Yes / No

**Smoking**

Do you currently smoke? Yes / No

Have you smoked in the past? Yes / No

If yes, for how many years? \_\_\_\_\_ How much a day? \_\_\_\_\_ When did you quit? \_\_\_\_\_

Does anyone in your home smoke? Yes / No

Do you drink alcoholic beverages? Yes/No

If yes, how many drinks per day? \_\_\_\_\_

**Type of Home:**

\_\_\_\_\_ Single family Dwelling      Age of home: \_\_\_\_\_

\_\_\_\_\_ Apartment

\_\_\_\_\_ Condo

\_\_\_\_\_ Mobile Home

Is there a basement? Yes / No

If yes, is it?:  Always dry  Rarely leaky  Frequently leaky

Does your basement smell damp or musty? Yes / No

If no basement, is there a?  Concrete slab  Crawlspace

# Allergy & Asthma CONSULTANTS

*Breathe easier with rapid allergy and asthma relief.*

Creve Coeur:  
711 Old Bailas Road, Suite 100  
Creve Coeur, MO 63141  
Phone: 314.569.0510 Fax: 314.569.1085

St. Peters:  
3701 N. St. Peters Parkway, Suite C3  
St. Peters, MO 63376  
Phone: 314.569.0510 Fax: 314.569.1085

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## Heat/AC:

Air Conditioning? Yes / No \_\_\_\_\_ Window Unit \_\_\_\_\_ Central

Heat? Yes / No \_\_\_\_\_ Gas \_\_\_\_\_ Electrical \_\_\_\_\_ Radiant \_\_\_\_\_ Wood

Humidifier on furnace: Yes / No

Do you use a fireplace or wood -burning stove: Yes/No

*If yes, how often:* \_\_\_\_\_

Do you open windows in mild weather: Yes / No

Do you have an attic fan: Yes / No

## Bedroom:

Location of bedroom: \_\_\_\_\_ Basement \_\_\_\_\_ Ground floor \_\_\_\_\_ Second floor or above

Floor cover in bedroom: \_\_\_\_\_ Carpet \_\_\_\_\_ Tile \_\_\_\_\_ Hardwood \_\_\_\_\_ Linoleum \_\_\_\_\_ Other

If carpet, how old? \_\_\_\_\_ months/years Composition, if know: \_\_\_\_\_

Stuffed animals in bedroom: Yes / No

*If yes, how many?:* \_\_\_\_\_

## Mattress:

\_\_\_\_\_ Waterbed \_\_\_\_\_ Conventional/Fiber-Filled

Fiber content: \_\_\_\_\_ Age: \_\_\_\_\_ months/years

## Pillows:

Fiber content: \_\_\_\_\_ Polyester-filled \_\_\_\_\_ Feather/down \_\_\_\_\_ Foam rubber

Age of pillow? \_\_\_\_\_ months/years

Do you have a down comforter? Yes / No

## Animals/Pets: Yes / No

*If yes, kind(s) indoor:* \_\_\_\_\_

*If yes, kind(s) outdoor:* \_\_\_\_\_

*How long have you had the animal(s):* \_\_\_\_\_

House Plants: Yes / No

*If yes, how many and type?* \_\_\_\_\_

**Medical History**

Have you ever had:

|                           |          |                                  |          |
|---------------------------|----------|----------------------------------|----------|
| Bronchitis:               | Yes / No | Blood disease:                   | Yes / No |
| Pneumonia:                | Yes / No | Anemia:                          | Yes / No |
| Emphysema:                | Yes / No | Osteoporosis:                    | Yes / No |
| Exposure to tuberculosis: | Yes / No | Bone fractures:                  | Yes / No |
| Positive TB skin test:    | Yes / No | Stomach problems:                | Yes / No |
| Other lung disease:       | Yes / No | Ulcers:                          | Yes / No |
| Heart Problems:           | Yes / No | Hernias:                         | Yes / No |
| Heart Attack:             | Yes / No | Eye problems:                    | Yes / No |
| High blood pressure:      | Yes / No | Cataracts:                       | Yes / No |
| High Cholesterol:         | Yes / No | Glaucoma:                        | Yes / No |
| Diabetes:                 | Yes / No | Seizures:                        | Yes / No |
| Kidney disease:           | Yes / No | Have you ever needed oxygen:     | Yes / No |
| Liver disease:            | Yes / No | Have you ever stopped breathing: | Yes / No |
| Cancer:                   | Yes / No |                                  |          |

Have you ever been hospitalized: Yes / No

*If yes, give reason and dates:*

*Reason for Hospitalization:*

*Dates:*

|       |       |
|-------|-------|
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |

Have you ever had surgery: Yes / No

*If so, give reasons/procedures, dates:*

*Reasons*

*Procedure/s:*

*Dates:*

|       |       |       |
|-------|-------|-------|
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |

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**Pediatric Patients Only**

Length of pregnancy? \_\_\_\_\_ months

Were there problems during pregnancy, delivery, or newborn period: Yes / No

If yes, please explain: \_\_\_\_\_

Birth weight: \_\_\_\_\_ lbs. \_\_\_\_\_ oz.

Has your child had chicken pox: Yes / No

Has your child had RSV: Yes / No

Are your child's immunizations up to date: Yes / No

Dr. Onder and Allergy and Asthma Consultants, P.C. conduct clinical research studies on new allergy and asthma medications. Would you be interested in you or your child participating in studies of new medications?

Yes \_\_\_\_\_ No \_\_\_\_\_ Maybe \_\_\_\_\_

*Please do not write below this line*

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ROS: \_\_\_\_\_

P.E. \_\_\_\_\_

HT. \_\_\_\_\_ WT. \_\_\_\_\_ B.P. \_\_\_\_\_

Appearance: WNWD \_\_\_\_\_ Other: \_\_\_\_\_

Eyes: \_\_\_\_\_

L.N. \_\_\_\_\_ Ears: \_\_\_\_\_ Nares: \_\_\_\_\_

Lungs: \_\_\_\_\_

C.V.: \_\_\_\_\_ Skin: \_\_\_\_\_

A/P: \_\_\_\_\_