

Some medications may interfere with allergy testing. Please see the list below of guidelines for stopping medications prior to your appointment.

**Please note:**

\*\* daily inhalers for asthma and nasal steroid sprays (Flonase, Nasacort, etc) do not need to be stopped prior to your appointment.

\*\*If you are unable to stop your medications prior to your appointment, please let your allergist know

**Please stop the following medications for at least 5 days prior to your appointment:**

Zyrtec (cetirizine)

Allegra (fexofenadine)

Claritin/Alavert (loratidine)

Clarinex (Desloratidine)

Atarax/Vistaril (Hydroxyzine)

Benadryl (diphenhydramine)

OTC cold/allergy medicines

**Please stop the following medications for at least 3 days prior to your appointment:**

Tagament (cimetidine)

Pepcid (famotidine)

Zantac (ranitidine)

Antivert (meclizine)

Singulair (montelukast)

**Please stop the following medications at least 1 day before your appointment:**

Pataday (olopatadine)

Optivar (azelastine)

Alaway (ketotifen)

Astelin (azelastine)

Patanase (olopatadine)

